

# Recipes

## Avocado Oil Vinaigrette

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3  $\frac{1}{4}$  Cup WVGS Avocado Oil

1  $\frac{1}{4}$  Cup White Wine Vinegar

2-3 Cloves Garlic Minced

1 Tsp Equivalent Each of Oregano, Sweet Basil, Rosemary, Dry Mustard, and Worstershire Sauce (fresh herbs are preferable but dried herbs can be used if fresh herbs are not available).

Salt and Pepper

Shake the ingredients in a container until well mixed. Leave to stand overnight before use for best results.

